



Health Fair & Spa for Family Caregivers



Date

April 21, 2010

Time

2 p.m.-5 p.m.

2:00 p.m.

Exhibits & Registration

2:30 p.m. Session I

3:30 p.m.. Session II

4:30 p.m.

Complimentary Light Meal & Fellowship

Location

The Depot

223 W. Railroad St.

Flora, IL

2nd Floor

Conference Room

Accessible to All

2:30 p.m. Session

The Lighter Side of Aging—
Providing a little humor and
laughter for the day.

Bill Oliver
Co-Owner
Home Town Journal

3:30 p.m. Session

Understanding Memory Loss-
Reviews memory loss,
dementia and Alzheimer's
disease and includes
information on latest
research, treatment and
diagnosis

Rachel Lugge, MS
Alzheimer's Association
St. Louis Chapter

Financial Sponsors

Addus HealthCare
Clay County Health Department
Heartland Human Services
Petersen HealthCare

Exhibitors

Addus HealthCare
Clay County Health Department
Flora Health Care
Flora Gardens
Heartland Human Services
Heritage Woods
Midland Area Agency on Aging
Senior Renewal at Clay County
Hospital
Senior Services of Clay County
Senior Protective Services

Spa & Health Screenings

Chair Massages
Hand & Nail Care
Blood Pressure
Pulse Oxygen Levels
Weight



Registration Form Registration Deadline is Friday April 16

Mail or Call in Registration Information:

Caregiver Advisor
Heartland Human Services
P.O. Box 1047
Effingham, IL 62401
Phone Toll-Free 1.888.560.8805 extension 1062 or 1046

Place a checkmark in all that apply

- I want to attend the 2:30 session, The Lighter Side of Aging
 I want to attend the 3:30 session, Understanding Memory Loss
 I want to attend the complimentary meal and fellowship

Caregiver Contact Information:

Name: _____

Address: _____

Telephone: _____

**Minimum Registration:
10 Family Caregivers**